



To be Happy, all we
have to do is ...



Do our best at whatever we set out to do.



Do at least one thing every day that scares us.



Get plenty of rest.



Always be open to love and romance.



Be kind to everyone, regardless of how similar
or different we may be.



Be patient, especially when we don't want to be.



Reach for our dreams, no matter how far off they may seem.

"Do you think I talk too much? I mean people say I talk too much, but I don't think I do. I may talk alot, but tons of people talk a lot more than I do."



<http://go.to/funpic>

Learn when to talk, and when to just listen.



Learn to accept our looks and our bodies.



Take risks.



Take the time to rediscover your child inside.



Accept that there are going to be things we are not going to like, but we are just going to have to deal with them.



.... and never, ever let anyone get you down!